



Port Moody Times

Thursday
October 10, 2024
Day 1

STUDENT GO CARDS

If you haven't picked up your student ID (Go Cards) from the September photo day, please come by the office during lunch or after school to pick up.

GR. 12 OFF-BLOCK STICKERS

Gr. 12 students who need an off-block sticker can pick them up at lunch or after school at the office. Please bring your Go-Card and a copy of your schedule.

LANGUAGE CHALLENGE EXAMS

Delta School District is again offering Language Challenge Exams for students fluent in a (selected) language other than English. The exams are held in Delta. Posters are up around the school with Delta School District's website - where you can access more information as well as the online application form. For further information go to their website:

<https://www.deltasd.bc.ca/schools/secondary/challenge-exams/>

1. The deadline for applications to the 2024/2025 Language Challenge Exams is **October 26, 2024**.
2. Exams will take place on Saturday, February 1 and Sunday, February 2, 2025. Your exam will take around three hours – you will be informed whether your exam is scheduled for the morning or afternoon.
3. In the Challenge Exam Application Package, Page 9 is to be filled out online before you print the package. You will see the highlighted areas and drop boxes where you should type.
4. Confirmation emails will be sent out by December 13, 2024

If you have questions *after you have looked at the website*, please contact your school counsellor: Ms. Campbell, Mr. Gibney or Ms. Sidhu.

MATH COMPETITION CLUB

The Math Competition Club is offering three contests right now, the COMC (Canadian Open Mathematics Contest) AMC 10/12 A, and the CISM (Canadian Intermediate/Senior Math Competition)!

For more information on the three contests, follow the registration links to the sign-up forms!

COMC: <https://forms.office.com/r/j5Bt8BG61BNote>

AMC 10/12 A: <https://forms.office.com/r/bGuR1EEDSs>

CISM: <https://forms.office.com/r/datDpAFF5x>

If there are any questions please email pmssmcc@sd43bccca.onmicrosoft.com

PROGRAMMING CLUB

Programming Club is hosting the BCC (Beaver Computing Challenge) from Waterloo University. It is a 45 minute algorithm-related contest, which is open to Grades 9s and 10s, which does not require any previous programming experience! The contest fee is \$5 and it will be written after school. Please use the link below to register

Registration deadline: October 12

Payment deadline: October 17

Contest write date: November 8

Sign up here: <https://forms.office.com/r/A1dvqc6jB8>

STUDENT COUNCIL GRADE REPRESENTATIVE ELECTIONS

Are you interested in representing your grade in Student Council this year? We are looking for 2 grade representatives for all grades 9 - 12. Please fill out this form if you are interested: <https://forms.office.com/r/yZZfn8zmay> . Information session Tuesday at lunch in the Drama room if you want more information! See Mr. Meredith for any questions.

TEDx YOUTH @ PMSS

Join us for a TEDx event at 3:45pm on Friday October 18th, 2024 where speakers will share their perspective of this year's theme "Evolving Perspectives." Free snacks and drinks will be provided. Sign up now:

<https://forms.office.com/r/xPYfBnVPKH>

STUDENT INFORMATION VERIFICATION FORMS

This is a reminder for parents/ guardians to log onto their MyEd parent portal to view their student information verification form. If any changes are to be made, please make corrections on a printed form and return it to the office.

LOST ITEM

A turquoise / Green pouch like wallet with photos of porcupines on the front was lost in the female bathroom on Thursday at lunch. If you find it, please return to the office as soon as possible!

ONGOING

TRANSLINK

- As Translink is increasingly busy, please keep the following in mind when you are taking public transit.
- Be mindful of where you are standing when the bus is coming to a stop. Moving away from the curb allows the driver to pull in safely.
 - Remember that other students want to get on the bus. Pushing your way to the front of the line makes everything slower for everyone.
 - With construction, the bus stop locations have changed. Check the signs or your app carefully to make sure that you’re at the right bus stop.
 - Other bus riders may not want to hear your conversation—keep the volume down.
 - You might miss the bus, or it might be full. Another one will be along soon.
 - If you see something unusual when you’re on public transit, report it to a uniformed attendant, or text 87.77.77

We all need to work together to make a transit system that it safe for everyone!

MORNING STUDENT DROP OFF

This is a reminder to parents and students that drop-off and pick-up is to take place only in the lower parking lot - regardless of time of day or weather conditions. If you are dropping off for an early morning class or team practice, please do so in the lower parking lot.

PARENT FORMS & STUDENT FEES: School District 43 uses the KEV School Cash Online for both fee statements and District Policies forms. Relevant fees have been uploaded with email notifications.

STUDENT PARKING PASS: If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

PMSS TIMES: The PMSS Times will be distributed on *Tuesdays* and *Thursdays*. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

CAREER CENTRE

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

PMSS Career Resource Centre

Main Office. Open from 8:00am – 3:30pm Monday-Friday.
Questions? Email Ms. Chang at mchang@sd43.bc.ca or call 604-939-6656 ext. 2013.
How to keep up with the news? Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or follow the Career Centre Instagram or X (Twitter) account @pmsstransitions! Don’t forget to check out the [PMSS Online Career Centre website](#)

Post-Secondary workshops and info sessions

Virtual Education Fair for International High School Students is taking place virtually on Saturday October 19th from 10 am – 2pm. It is for international fee-paying students and students with parents under a study permit or work permit who would like to connect with admissions officers from over 25 of Canada’s top universities and colleges. Explore over \$800,000 in scholarship opportunities – and all attendees will receive a complete list just for attending. Enter a draw for a chance to win \$2000 in study bursaries. If interested, [sign up here!](#)

Port Moody Secondary Post-Secondary Info-Sessions: Check out the time/date/location for when you can learn about each school and ask representatives questions!

School/ Program/ Event	Date	Time	Location
University of Calgary	October 11 th 2024	11:56am – 12:36pm (lunch)	Booth in MPR
UBC Sauder	October 16 th 2024	11:56am – 12:40pm (lunch)	Library
University of Toronto	October 17 th 2024	11:56am – 12:36pm (lunch)	Small Gym
SFU Faculty of Applied Sciences	October 18 th 2024	11:58 – 12:40pm (lunch)	Library
Simon Fraser University	October 21 st 2024	11:06am – 11:45am (lunch)	Rm 320
University of Alberta	October 22 nd 2024	11:56am-12:36pm (lunch)	Drama Room
Post Secondary BC Fair (PSBC)	October 24 th 2024	12:36 – 1:52 (Blk4)	Small Gym
Western University	October 28 th 2024	11:06 – 11:40am (lunch)	Drama Room
Queen’s University	October 29 th 2024	2:00- 2:30pm (Blk 5)	Library

EducationPlannerBC – Parents as Educators and Career Coaches SD43	October 30 th 2024	6:30pm – 8:00pm	Virtual Webinar
McMaster University	November 6 th 2024	8:56 – 9:22 (Flex)	Drama Room
University of Victoria – Gustavson School of Business	November 13 th 2024	8:56 – 9:22am (flex)	Drama Room
University of Waterloo	November 19 th 2024	8:56 – 9:22am (flex)	Drama Room
UBC MD Faculty of Medicine	November 26 th 2024	7:00pm – 8:00pm	ZOOM LINK
SFU Beedie	November 28 th 2024	11:58 – 12:40pm (lunch)	Library
Langara	December 4 th 2024	11:56 – 12:36pm (lunch)	Drama Room

General Learning Opportunities

Vancouver Area Independent Schools US College Fair is coming to West Point Grey Academy on Thursday, October 10th, 2024, from 5-7pm! With confirmed admission representatives from Boston University, University of California Berkeley, University of Chicago and many more! Come learn more about post-secondary opportunities in the US. Visit [HERE](#) for more info!

Youth to Sea Leadership Program is open for applications until October 15th! This 8-month long program is open to any 15-18 year old Canadian citizen or refugee living in Canada interested in engaging with their community and the ocean. Develop ocean conservation knowledge, and by the end of the program, you would have completed 120 volunteer service hours! For more information and to apply, click [HERE](#)! Email youth@ocean.org if you have any questions.

SFU-Faculty of Environment Discovery Day is inviting high school students Gr 9-12 to their Burnaby campus for a free, fun and informative event on **Friday October 25th** from 9:30am – 2:15pm. Through hands-on mini lectures and lab activities, experience Faculty of Environment programming and find your fit. Lunch is provided! For more information, and to register, click [HERE](#)!

***NEW* SFU- Faculty of Applied Science Tours** are available for Gr. 11 & 12 students on **October 25th, 2025**. Students can choose between Women in Technology: Electronic Arts: EA (from 9:15am -2:00pm) where you tour EA ([Register HERE](#)), or Powertech Labs Tour (8:15am – 1:00pm) where you tour the PowerTech Labs, a subsidiary of BC Hydro ([Register HERE](#)).

City of Port Moody – Standard First Aid and CPR-C/AED Workshops (Fee: \$195) is available for students 13-18 years old who want to obtain first aid skills or be prepared for medical emergencies. It will take place on Saturday October 26th and Sunday the 27th from 9am – 5pm at Port Moody Recreation Complex. To register, please click [HERE](#)!

JCCF Photography/ Digital Art Contest invites all Canadians 15+ to enter with prizes of \$2000 for first prize, \$1000 for second and \$500 for third! Students need to submit their entry with the theme *What Freedom in Democracy Looks Like to Me*. Deadline to submit is October 27th. Click [HERE](#) to apply or for more info!

BC Youth Parliament Session is open to youth ages 16-21 from across the province to travel to the BC Parliament Buildings in Victoria for a 5 day (Dec 27-31) simulation of the Westminster Parliamentary System, legislating bills that govern the organization’s community service projects for the remainder of the year, hearing from a large number of speakers from around the community and engaging in a wide variety of fun social activities. Fees are \$455, and the deadline to apply is **November 1st 2024**. For more info, please click [HERE](#)!

***NEW* 2025 Jr Fire Academy Info session** will be taking place on **November 5th 2025** at lunch in Rm 320. It is open for Gr. 11 & 12 students! Come learn about the Jr Fire Academy program which will help students understand the basic physical and educational components of new recruits in the fire service. This info session will be hosted by actual firefighters from Port Moody Fire Rescue!

National Portfolio Day is back on Saturday Nov 16th at 11am at Emily Carr Emily Carr 520 East 1st Avenue, Vancouver. It's an opportunity to meet with representatives from colleges and universities accredited by the National Association of Schools of Art & Design and have your portfolio reviewed. Click [HERE](#) for more info or to register!

OceanWise – Youth to Sea Leadership Program 2024-25 is looking for Canadian/ PR/ refugees aged 15-18 to join their 8 month program (October to May) and learn about engaging their local community and making connections between themselves, their community, and our ocean. It will bring youth together to provide them with opportunities to develop their ocean conservation knowledge and personal skills. Participants will even have earned at least 120-service hours by the end of the program. Any questions? Please email youth@ocean.org. To apply, click [HERE](#), and for more info, click [HERE](#)!

SHAD Canada is now open for applications (**deadline is Dec 1st 2024**) to all Gr. 10 or 11 community minded, creative, engaged, and curious youth who want to make an impact on Canada and the world. SHAD is a STEAM and entrepreneurship program with options to dive into an immersive hands-on STEAM content at one of our pan-Canadian university campuses (cost: \$7260) OR from the comfort of your own space at their digital campus with SHAD Anywhere (cost: \$3830). This program will run from June 29 – July 25, with bursaries and scholarship[s] available to support families with financial needs. For more info, or to apply, please click [HERE](#)!

Trades and Apprenticeship Information

NEW SD43 Trades Program Virtual Info session is taking place on Wednesday November 6th at 6:00pm. Learn about SD43 opportunities in the skilled trades such as Train in Trades, Explore the trades and Work in trades! All students are welcome - REGISTER HERE!

Volunteer/Employment Opportunities

Elections BC – Youth at the Booth is hiring 15-18 year old Canadian students to work as an election official at a voting place in their local community. You will be paid at least \$390 a day and will work on October 19th + some training days. For more info, click [HERE](#) or email jobs@elections.bc.ca

UBC Apple Festival is looking for volunteers from anybody ages 14+ on Saturday and Sunday, October 19th & 20th from 11am – 4pm at the UBC Botanical Gardens. They need volunteers to bag apples, and prep and set up for the event. If interested, sign up [HERE](#)!

Scholarship / Awards

Attention Gr. 12’s - **SCHOLARSHIP MEETING #1** will be taking place **AT LUNCH** in the **DRAMA ROOM** on **October 10th**! Come learn about scholarships, and tips on how you can fund your tuition for post-secondary. If you have any questions about the scholarship process at all, come join us!

LORAN Awards (Valued at \$100,000 + other benefits for LORAN Scholars, and \$6000 for finalists) is open for applications to any Canadian Gr. 12 students with a minimum cumulative average of 85%. The application deadline is *October 15th 2024*. If interested, apply [HERE](#). For more info, click [HERE](#)!

UBC International Scholars Program (Value varies depending on award from program) is open for nomination for any International Gr. 12 student applying to UBC with superior academic achievement and demonstrates financial need. If you’re interested in being nominated for this award, please submit a nomination form (found on PMSS Career Centre TEAMS or [PMSS Online Career Centre website](#)) by **Thursday October 24th, 2024** to MoodyScholarshipSubmission@sd43.bc.ca. For more information about this scholarship, please click [HERE](#)!

Queen’s Chancellor Major Admission Award (valued at \$48,000; PMSS is permitted to nominate two students) is open for nominations for any Gr. 12 student applying to Queen’s University with superior academic ability (90%+ in all high school courses), creative and original thinking and proven leadership qualities. If you are interested in being nominated for this award, please submit a nomination form (found on PMSS Career Centre TEAMS or [PMSS Online Career Centre website](#)) by Monday October 28th, 2024 to MoodyScholarshipSubmission@sd43.bc.ca. For more information about this scholarship, please click [HERE](#)!

Dr. M. Wosk Environmental Leadership Awards (ranges between \$250 and \$1000 annually) is now open until **October 31st**. Students age 15-19 with an interest in ecological issues and environmental preservation, please apply [HERE](#)!

Schulich Leader Scholarship is open for school nominations (valued up to \$120,000 for Engineering or \$100,000 for other STEM areas due **Friday Dec 6th 2024** – email nomination form to MoodyScholarshipSubmission@sd43.bc.ca. Eligible Canadian or PR Gr. 12 students that is entrepreneurial minded intending to pursue a career in technology, engineering, entrepreneurship and business enterprise, and applied scientific research with strong academic excellence, leadership, charisma and creativity (with strong consideration given to students with financial need) please apply! Students must be intending to attend one of 20 Canadian partner universities. See [HERE](#) for more information. For school nomination forms, please check PMSS Career Centre TEAMS or [HERE](#). Please come ask Ms. Chang if you have any questions!

PARENTS

PMSS 2024-2025 SCHOOL CALENDAR: Please click [HERE](#) for the 2024-2025 School Calendar

For information regarding **PAC**, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>



COMMUNITY

Hey, did you know that the legal age to buy vapour products in BC is 19? Well, if you already have one, we’ve got some good news for you: Quit now to ADD years to your life. A study led by Donald H. Taylor, Jr. aimed to find out the increase in life expectancy earned from quitting smoking at different ages. The results were astonishing. Men who quit smoking at age 35 added between 6.9 to 8.5 years to their lives, and women gained 6.1 to 7.7 years. The earlier you quit, the more years you ADD to your life.

Curious about how they figured this out? You can find out more here:
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1447499/>

Today’s Article:

The new multi-language resources website provides key information about health care, driving, taxes, emergency resources and anti-racism initiatives, as well as how to get help in-person and over the phone through Service BC.
<https://news.gov.bc.ca/releases/2024MUNI0017-000438>




Free Fall Program for Families!


Learn about healthy eating, physical activity, and building long-lasting habits as a family in Generation Health Community. This 10-week program for families with children ages 8 to 12 is FUN and interactive!

Delivered through YMCA BC starting October 2024 on Tuesday, Wednesday, Thursday, and Friday evenings.





Families who join this program will receive a complimentary YMCA membership.

Register today!





gv.ymca.ca/generation-health-community
generationhealth@bc.ymca.ca





HELLO Socktober

The Tri-Cities Community Action Team is inviting local businesses to host donations boxes for small winter donations (socks, toques, scarves and gloves).

Donations will go to: Local Winter Shelters, ACCESS Youth Services and The Uplifting Group

To register for donation pick ups please contact info@tri-citiescat.ca

There is a donation box by the Lost & Found if you have any items to donate.

Join the YCP and Celebrate National Child Day!

1. Join the Young Canadians' Parliament (YCP)

Children First Canada invites your students to participate in the Young Canadians' Parliament (YCP), a non-partisan 12-week civic education and leadership development program. YCP educates and empowers young people about their rights, Canada's political and democratic system, and nurtures their leadership skills. This program offers unique opportunities for youth to directly engage with Members of Parliament, Senators, and other Parliamentarians.

The YCP is a valuable experiential learning opportunity, closely aligning with the curriculum by fostering responsible and active civic participation. It welcomes youth under 18 from all abilities and backgrounds, regardless of prior experience.

Youth can register for YCP [here](#). Registration is limited so we encourage youth to sign up prior to the October 25th deadline.

2. You're Invited to National Child Day 2024!

This year's National Child Day (NCD) on November 20th offers students the chance to be educated and inspired by iconic Canadian leaders and organizations dedicated to helping children reach their full potential. Engaging students from early years, elementary, and secondary schools across Canada, the celebration will feature virtual field trips, creative workshops, book readings, and dance performances. Last year, nearly 40,000 students participated, making it the largest NCD in history!

This celebration, marking the 35th anniversary of the United Nations Convention on the Rights of the Child, is part of a movement to make Canada the best place for children to grow up.

This year's theme, #8MillionEmpowered, focuses on empowering all 8 million children in Canada by defending their rights, with a special focus on the rights of First Nations, Métis, and Inuit children and youth involvement in reconciliation.



Event Details:

Date: Wednesday, November 20th

Time: 9:00 AM – 4:00 PM ET

- Early Years (Kindergarten-Grade 3): A 30-minute program with a sing-along by Raffi, a virtual field trip to the Canadian Museum for Human Rights, a book reading by Onome Ako, and dancing with Gurdeep Pandher.
- Elementary (Grades 4-6): A 45-minute session featuring a book reading by Kim Spencer, creative activities with 6ix Academy, dance, and messages from special guests.
- Secondary (Grades 7-12): A one-hour event with a presentation by the Canadian Museum for Human Rights, an interview with the Young Canadians' Parliament, creative projects, and insights from young changemakers.

[Register for National Child Day HERE!](#)



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generationhealth@bc.ymca.ca





KIDS

MUSICAL THEATRE

CLASSES

Imagine This offers weekly Musical Theatre classes and exciting Spring and Summer Camps (coming soon) for kids and teens aged 6 - 18 in the lively Port Moody area!

4 WEEK TERMS \$220



ACT, SING & DANCE

Ages 6 to 18
Saturday afternoons
3 hour classes
Kids will learn
Vocal techniques
Fun dance moves
Acting skills

DATES

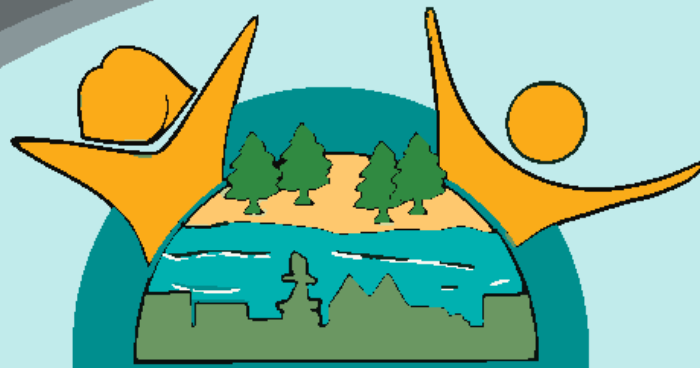
STARTING ON
OCT 12, 2024

POMO ARTS CENTRE
2425 ST. JOHNS STREET, PORT MOODY

FOR MORE INFORMATION

@imaginethispresents

www.imaginethispresents.com



Mayor's Youth Summit

October 25, 2024 • 8:30am–3:15pm
Inlet Theatre, 100 Newport Drive, Port Moody

Join us at the 2024 Mayor's Youth Summit and make your voice heard! Discuss critical issues, connect with peers, and shape the future of your community.

Register now – open to all Tri-City youth!



portmoody.ca/signmeup



604.469.4556



Scan the code



**GAIN 7 HOURS
OF VOLUNTEER
TIME!**

youth@portmoody.ca
604.469.4556

Logo designed by Yufei Hu

PORT MOODY
CITY OF THE ARTS